



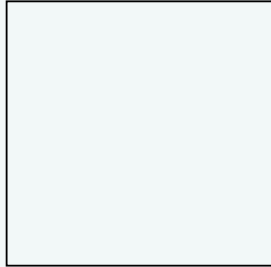
Eastmont High School Breakfast

MAR

MONDAY



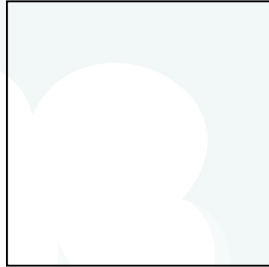
TUESDAY



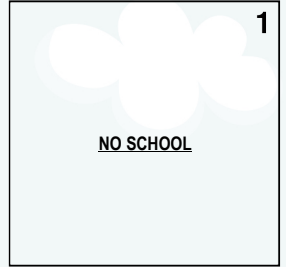
WEDNESDAY



THURSDAY



FRIDAY



Breakfast Includes: Choice of entrée or
Cereal with Cheese Stick or Graham Crackers, choice of fruits, and low-fat milk or fat-free chocolate milk.

4

Pancake & Sausage on a Stick,
Fruit & Yogurt Smoothie
with Graham Crackers
or
Choice of Breakfast
Sandwich
w/ Tater Tots

5

Apple Frudel,
Fruit & Yogurt Smoothie
with Graham Crackers
or
Choice of Breakfast
Sandwich
w/ Tater Tots

6

Just Peachy Parfait,
Fruit & Yogurt Smoothie
with Graham Crackers
or
Choice of Breakfast
Sandwich
w/ Tater Tots

7

Buttermilk Pancakes
w/ Scrambled Eggs,
Fruit & Yogurt Smoothie
with Graham Crackers
or
Choice of Breakfast
Sandwich
w/ Tater Tots

8

Scratch Made
Banana Muffin Top,
Fruit & Yogurt Smoothie
with Graham Crackers
or
Choice of Breakfast
Sandwich
w/ Tater Tots

Menu Subject to Change Based on Product Availability

11

Breakfast Pizza,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

12

Cinnamon & Sugar
Pancake Bites,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

13

Biscuit w/ Old Fashioned
Sausage Gravy,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

14

Chef's Choice Frittata
w/ WG Toast,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

15

French Toast Sticks
w/ Scrambled Eggs,
Fruit & Yogurt Smoothie
w/ Graham Cracker
or
Choice of Breakfast
Sandwich
w/ Tater Tots

19

Chocolate Chip
Ultimate Breakfast Round,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

20

Crunch Wrap
w/ Salsa,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

21

Baked Peach Oatmeal,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

22

Cinnamon Roll w/ Icing,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

25

Muffin w/ Cheese Stick,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

26

Cheddar Cheese Omelet
w/ WG Toast,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

27

BYO Pancake Bar,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

28

Mini Maple Waffles,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

29

Cinnamon & Sugar
Donut Round,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

This institution is an equal opportunity provider.