



Eastmont High School Breakfast

FEB

MONDAY



TUESDAY



WEDNESDAY



THURSDAY

1

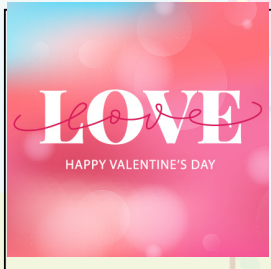
Pancakes w/ Syrup,
Fruit & Yogurt Smoothie
with Graham Crackers
or
Choice of Breakfast
Sandwich
w/ Tater Tots

FRIDAY

2

Scratch Banana
Muffin Top,
Fruit & Yogurt Smoothie
with Graham Crackers
or
Choice of Breakfast
Sandwich
w/ Tater Tots

Breakfast Includes: Choice of entrée or
Cereal with Cheese Stick or Graham Crackers, choice of fruits, and low-fat milk or fat-free chocolate milk.



6

Pancake Bites
w/ Cinnamon & Sugar,
Fruit & Yogurt Smoothie
with Graham Crackers
or
Choice of Breakfast
Sandwich
w/ Tater Tots

7

Biscuit w/ Old Fashioned
Sausage Gravy,
Fruit & Yogurt Smoothie
with Graham Crackers
or
Choice of Breakfast
Sandwich
w/ Tater Tots

8

Chef's Choice Frittata
w/ WG Toast,
Fruit & Yogurt Smoothie
with Graham Crackers
or
Choice of Breakfast
Sandwich
w/ Tater Tots

9

Scratch Made
French Toast w/ Syrup,
Fruit & Yogurt Smoothie
with Graham Crackers
or
Choice of Breakfast
Sandwich
w/ Tater Tots

Menu Subject to Change Based on Product Availability

12

Waffles w/ Berry Compote
& Syrup,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

13

Muffin
w/ Cheese Stick,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

14

Crunch Wrap
w/ Salsa,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

15

Double Berry Parfait,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

16

Cinnamon Roll
w/ Icing,
Fruit & Yogurt Smoothie
w/ Graham Cracker
or
Choice of Breakfast
Sandwich
w/ Tater Tots



20

Bagel w/ Cream Cheese,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

21

BYO Pancake Bar,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

22

Mini Maple Waffles,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

23

Donut Round,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

26

French Toast Sticks,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

27

Breakfast Pizza,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

28

Breakfast Bowl
w/ WG Toast,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

29

Sausage, Egg & Cheese
Burrito w/ Salsa,
Fruit & Yogurt Smoothie
w/ Graham Cracker,
or
Choice of Breakfast
Sandwich
w/ Tater Tots

This institution is an equal opportunity provider.